

BYE, BYE, BUNIONS! HOW LAPIPLASTY® 3D BUNION CORRECTION® IS TRANSFORMING BUNION TREATMENT

by Brad Schaeffer, DPM

As a board-certified foot and ankle specialist, I have been treating a variety of podiatric ailments for more than 10 years. Patients arrive at my office suffering from warts, bone spurs and hammertoes, but one of the most common and painful conditions they experience is bunions. Whether patients spend their weekends running marathons or just walking around their neighborhoods, bunions can impact almost any part of their daily routines. For decades, patients with bunions often avoided getting them corrected because of the reputation associated with traditional treatment options. I am pleased to be part of a growing number of specialists offering a procedure that uses a unique approach to address this painful and progressive condition—Lapiplasty® 3D Bunion Correction®.

Many people with bunions are surprised to learn how common the condition is. The deformity affects almost 25% of American adults. Nonsurgical options such as shoe inserts and splints may provide patients with temporary relief from their bunion pain, but the only way to correct the deformity is with surgery. For more than 30 years, this involved shaving the protruding bone on the side of the toe without addressing the root cause of the deformity. The Lapiplasty® Procedure allows physicians to correct the condition at its root cause using a system of innovative titanium plates to secure the unstable joint in the foot[5],[6]. Many patients can put weight on their affected foot while wearing a walking boot within weeks after surgery and most can return to physical activities within about four months. The procedure has demonstrated a low risk of recurrence, with 97% and 99% of patients maintaining their 3D corrections in studies at 13- and 17-months post-op, respectively. Since the procedure was cleared by the FDA in 2016, more than 100,000 patients have chosen the Lapiplasty® Procedure to allow them to enjoy life bunion-free.

Many of my patients suffering from bunions arrive at my office with fear that their feet will never feel better. I am grateful to be able to offer them an option that can allow them to get back on track towards returning to the lifestyles they once enjoyed.

For more information about the Lapiplasty® Procedure™, visit www.Lapiplasty.com.

Only a surgeon can tell if the Lapiplasty® Procedure is right for you. This experience is unique and specific to this patient only. Individual results may vary depending on age, weight, health, and other variables. There are risks and recovery takes time. For more information about recovery from the Lapiplasty® Procedure, see the recovery information and discuss the post-surgery recovery process with your doctor. Risks include infection, pain, implant loosening and loss of correction with improper bone healing. For more information on benefits, risks and recovery, visit Lapiplasty.com.

TMC Inc. does not recommend any particular surgeon. Patients should make an independent determination regarding the qualifications of suitability of Lapiplasty surgeons found at Lapiplasty.com/doctor.



ABOUT THE AUTHOR

Dr. Brad Schaeffer is a board-certified foot and ankle surgeon who practices in New York City, Piscataway, NJ and Hillsborough Township, NJ. He completed a three-year comprehensive foot and ankle reconstructive surgical residency after graduating from medical school and now treats a wide range of conditions. When he isn't busy treating patients at his practice and on TLC's hit show, *My Feet are Killing Me*, Dr. Schaeffer enjoys exercising and spending time with his family.